

**PSALM READING FOR
GREAT LENT 2018**

PSALMS	PSALMS
1-4 Monday	83-86
5-8	87-90 Monday
9-12	91-94
13-16	95-98
17-20	99-102
21-24	103-106
25-28	107-110
29-32 Monday	111-114
33-36	115-118 Monday
37-40	119
41-44	120-122
45-48	123-125
49-53	126-128
54-58	129-131
59-63 Monday	132-134
64-69	135-137 Monday
70-72	138-140
73-74	141-143
75-78	144-146
79-82	147-150

Begin each day of psalm reading with the Trisagion prayers. The daily psalms are inserted following the Lord's prayer.

Begin reading on the first day of Lent. Continue down the column to read the psalms for each successive day. No days are skipped. There are forty days of readings.

For 2018, the readings begin on Monday, February 19 and conclude on Friday, March 30.

(Prayers for before praying the Psalms) (The Trisagion Prayers date back to the first century Church)

(Trisagion Prayers)

Glory to the Father and to the Son and to the Holy Spirit, now and ever unto ages of ages. Amen

O Heavenly King, the Comforter, the Spirit of Truth, Who are everywhere and fills all things, Treasury of Blessings and Giver of life: Come and abide in us and cleanse us from every impurity and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal. Have mercy on us. (3x)

Glory the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages, Amen.

O Most Holy Trinity have mercy on us. Lord Cleanse from our sins. Master pardon our transgressions. Holy One visit and heal our infirmities, for Your name's sake.

Lord have Mercy (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever unto ages of ages, Amen

Our Father, in Heaven, hallowed be Your name, Your Kingdom come. Your Will be done. On earth as it is in heaven. Give us this day our daily bread; and for give us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from the evil one.

For Yours is the Kingdom and the Power and the Glory; of the Father and the Son and the Holy Spirit; now and ever unto ages of ages. Amen

Pray the daily psalms

(Prayers at the end)

Glory to the Father and to the Son and to the Holy Spirit; now and ever and unto ages of ages. Amen

Alleluia, Alleluia, Alleluia, Glory to You O God (x3)

Lord have mercy (x3)

(St. Ephraim's Prayer)

O Lord and Master of my life, take from me the spirit of sloth, despondency, lust for power and idle talk; But rather grant onto me, Your servant, the spirit of chastity, humility, patience and love, Yes, O Lord and King help me to see my own faults and not to judge my brothers and sisters. For You are Blessed unto ages of ages, Amen

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages , Amen.

Lord have Mercy (x3)

Through the prayers of our holy Fathers, O Lord, Jesus Christ our God, have mercy upon us and save us. Amen